

November Quiz Night

The first of the season's Quizzes was held in The Gate on Sunday November 7th. Six teams competed

enthusiastically — and at times, loudly — over rounds including Food & Drink, Sport, General Knowledge and a final Marathon asking people to name the 44 original Mr Men! Scores were neck and neck until the very final reckoning when the "Four Witches" triumphed over "Riverside" by having a perfect tally in the Marathon. The "Farts" came last and were rewarded with a loo roll each as their booby prizes. Jan, as always, was the unflappable questioner, Caroline set the quiz and the tasty hot supper was bangers and mash - again organised and cooked by Jan.



CHRISTMAS QUIZ in The Gate

Sunday December 12th at 7.15pm

Supper included £5 a head.

Teams of 4 but no more than 6 please! Prizes for all teams.

**BOOK with Jan ASAP, so we have numbers
for catering purposes
(meadspanner@aol.com)**



Nullam Ceuvisiam Finemus

RACS

**The Magazine of the
Real Ale Club of Sawbridgeworth**



Affiliated to SPBW

APPLICATION FORM for MEMBERSHIP of

The Real Ale Club of SAWBRIDGEWORTH

to May 2011

If you wish to join or renew Membership of **RACS**, please fill in this form, in **BLOCK CAPITALS**, then send to

JAN MEAD, 23, Crofters, Sawbridgeworth, Herts CM21 0DE
 or **NICHOLAS MACY, 26, Riverside Court, Harlow, Essex CM20 2AD**
 and **INCLUDE** a subscription of £5 per person per year*.

This year (2010–2011) T-shirts celebrating **RACS first 15 years are available - £5 each or only £3 with a subscription*

NAME:.....

ADDRESS:.....

COUNTY:..... **POST CODE:**.....

CONTACT NUMBER, please:

Telephone or mobile.....

or fax or e-mail.....

SIGNATURE:..... **Date**.....

Size of T-shirt required (if applicable).....

YOUR RACS COMMITTEE 2010–2011

JAN MEAD
Chair
meadspanner@ntlworld.com



CAROLINE MACY
Secretary
cf43@harlowmill.co.uk



ANN DODKIN
Committee Member



RUFF RICHARDS
Mascot

We offer a warm welcome to the new Treasurer of
RACS



NICHOLAS MACY
Treasurer



HANNAH MEAD
Trip Secretary



DEB EATON **JOHN TRIMMER**
Merchandising Officers



Nullem Convivialium Finemius

HEBFEST 2010

Report from **CHRIS SEARS** (member of **RACS** and **HEB CAMRA** branch)

"In Sawbridgeworth the Beckhams are selling up, council cut-backs loom, a pub has closed - but HEBFest goes from strength to strength!" So said Peter Kinsella, a local writer.

The Fourth Beer Festival was held in Sawbridgeworth Memorial Hall on 29th and 30th October 2010. There were 36 real ales, from both local breweries and, for this year, featuring Yorkshire ales especially. It was a Yorkshire beer that won the 'Beer of the Festival' vote, Riwaka IPA, made from New Zealand hops by the Acorn Brewery of Bamsley. This year we went to 'free



Doug Holt serving eager customers

admission', which resulted in a lot of the general public coming to a beer festival for the first time. Those I spoke to were thoroughly enjoying the experience, which was great for campaigning for wider enjoyment of real ale. Alterations were made to the layout of the hall and the lighting, which achieved widespread approval from regular visitors and newcomers. Thanks to Robin Muir for his help and suggestions for this. The food was provided by the 'Pie & Cheese Man', otherwise known as

Simon the Pieman! I enjoyed my pasties very much. Nearly 2000 pints of ale were drunk, with about 300 visitors on each day. The furthest beers came from Tryst

Our American visitors



Brewery, in Falkirk and the closest from Green Tye, three miles away. The visitors came from far and wide as well, a group of American scientists came on their free day before flying back from Heathrow. They must have tried nearly

every beer between the five of them, before retiring to the Railway Hotel for the night! Another visitor lives in Cyprus and our first customer on Saturday lunchtime was Alan from Rayners Lane, who comes every year on the train. He said it was a better than ever festival and that he would be back again next year. He also appreciated the good signage of the footpath from the station, as he was walking up as we were still putting up the signs! It was a 'great little festival', thanks to the hard work of a small, hardworking group of volunteers.

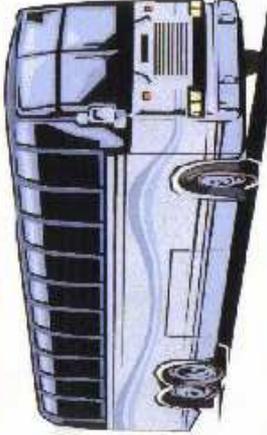
The HEBFest IV Festival Organiser was Gavin Chester

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HEBFEST 2010

The HebFest 2010 was held at the Memorial Hall by the local CAMRA group. The choice of beer had been split mainly between beers from Yorkshire and Locale beers. They included beers from the Acorn Brewery, Batrums, Cambridge moonshine, Copper Dragon, Cropton, Crown Sheffield, Dark Star Golcar, Green Tye, Hambleton, Ilkley, Nethergate, Old Mill, Red Fox, Saffron, Shalford, Summer Wine Brewery and Tryst. It was a very good selection and there were more than 30 different beers — something to suit all tastes — and also available were ciders and wine. Nobody should have been disappointed!

To top off the evening there was a beery quiz to be handed in by 9pm and it was won by me. I shall enjoy the prize of a selection of Belgian beers

JAN



RACS Members with Robert — and **RACS** Mascot Ruff... who seemed to be determined to get into every photograph! 



RACS CHARITY CHEQUE HAND-OVER

On Friday evening at the Hebfest, **RACS** took the opportunity to hand over their charity cheque for the Cystic Fibrosis Trust. It is an organisation which is researching into cures for the condition. The cheque was for £250 and Chair Jan Mead handed it to Robert, from Bishop's Stortford, who is a sufferer from the condition.

A letter of thanks from CFT is on the **RACS** Noticeboard.





NEWS from SPBW

Winner of the 2011 SPBW London pub of the year is:



The Dog & Bell,

116, Prince Street, Deptford SE8 3JD

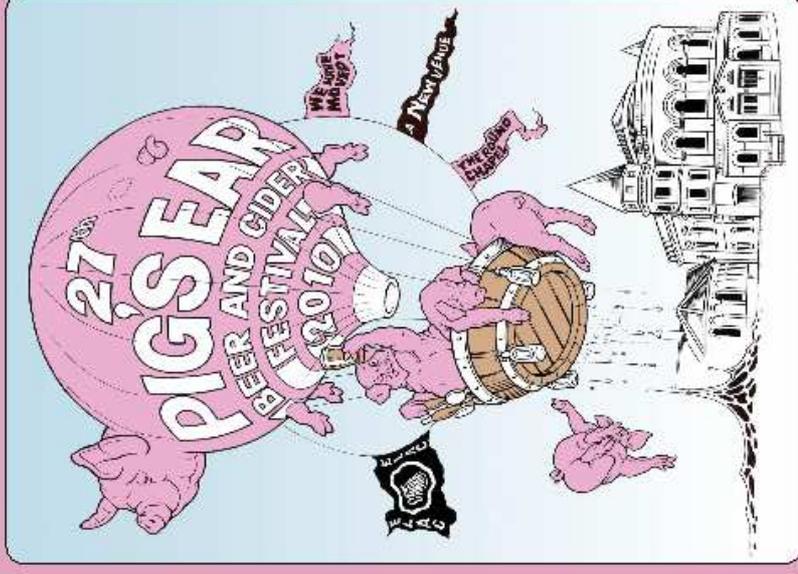
The presentation will be on Monday January 24th, at the pub at 8.00pm-ish – all SPBW members welcome.

UPDATE ON ADRIAN JOLLIFFE — November 11th

Just a short report on Adrian. In case any of you might be thinking of visiting him, Gail has asked me to let you know that unfortunately

Adrian has contracted MRSA, so visiting is, of course, severely restricted. He has been moved to a side ward for barrier nursing.

Adrian was getting over his chest infection, it seemed, but was having problems tolerating his feeds again. With all he has been through, I suppose it is not too surprising that he has acquired a hospital bug after such a long stay in an open ward. We hope and pray that his immune system is up to the challenge and that he can fight this as quickly as possible.



**Tuesday 30th November-
Friday 3rd December 2010**

The Round Chapel, Powerscroft Road,
off Lower Clapton Road, Hackney, E5 0PU

Opening Hours:

Tues-Thurs: 11:00-23:00

Friday: 11:00-midnight

The festival is **NOT** open on Saturday

Prices:

• Card-carrying

CAMRA Members £2

• Non-Members £3

DIRECTIONS

Rail: Hackney Central

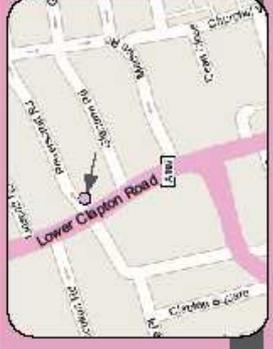
(London Overground)

Hackney Downs

(From Liverpool Street)

Buses: 38, 48, 55, 106,

253, 254, 425, 488

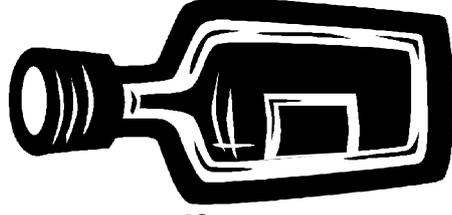


For further information: www.pigsear.org.uk

From Archaeology Today (November 2010)

BEER AS MEDICINE

Some 1,500 years before the discovery of penicillin in 1928, the ancient Nubians were deliberately brewing beer rich in the antibiotic tetracycline, says the American Journal of Anthropology. Archaeologist George Armelagos and medicinal chemist Mark Nelson found such high levels of tetracycline in human remains from Nubia dating from the period AD350 to AD550 that they concluded the ancient Nubians understood the medicinal effects and were intentionally producing the drug from grain contaminated with the soil bacteria *Streptomyces*.



RACS MERCHANDISE

Don't forget the range of **RACS** items that are available from Deb and John — most are very suitable for Christmas gifts, such as scarves, hats, pens, T-shirts, sweatshirts, polo shirts, umbrellas and carrier bags. All at reasonable prices and in a good variety of colours. Contact them now: john.e.trimmer@googlemail.com

NEXT MONTH:

Reports from the

RACS AWAY-DAY OUT IN BRIGHTON

CHRISTMAS QUIZ and many other things, too.

Don't miss them!

Lest we forget—

from the Daily Express Saturday Magazine

November 8th 1990

Beer prices are soaring at a startling rate, a nationwide pub survey reveals today. Drinkers are paying up to £1.50 a pint for real ale as big brewers take advantage of a shake-up in the industry to charge more.

And the 1991 Good Beer Guide report predicts the £1.50 pint will become the norm, especially in the South, by the end of next year. Its survey of 1,000 pubs across the country found prices rising faster than inflation. Since the start of this year the cost of a pint has increased by about 11p. The national average for a pint is £1.10 - with the highest prices in London, followed by Surrey, Sussex and Buckinghamshire. The cheapest pints are in Lancashire, Yorkshire, Cheshire and Cumbria, where ale drinkers pay at least 30p less than in the South.

Attempts to weaken the stranglehold of the major brewers on the industry, following a monopolies inquiry, have had little effect. "The big brewers are finding ways of getting round the new moves aimed at weakening their monopoly and making prices keener," said GBGuide editor Alisdair Aird. Only four landlords in ten plan to introduce a "guest ale" alongside their normal range. Those, who do offer rival drinks tend to buy them from their normal brewery - at a premium price - rather than go to cheaper independents. As a result, guest beers tend to be dearer.

Only one pub in nine offers a guest ale at less than the price charged for "tied house" beers, the survey says. Yet independent breweries generally ask about 7p a pint less than big chains.

"The conclusion is inescapable - the national brewers overprice the independent beers they supply to their own pubs, preventing serious competition," Mr Aird said.